

Founded 1953

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12 September 2017

Dear Parents/Guardians,

In the blink of an eye, we are entering the last lap of six years of education in Kong Hwa School. Let me share some tips towards PSLE.

Effective study and learning habits

You may help your child to consistently establish effective study and learning habits:

- Help your child find a quiet place to study without distractions. Make sure their table is uncluttered so they can focus better.
- Know the expectations of each paper
- Encourage your child to ask for help or ask their teacher for clarity if they are unsure of something or if they feel confused.
- Help them to make 'mind maps' to collect ideas and summarise thoughts - use bright colours to help remember important links.
- Help them to plan their study schedule early on so they have sufficient time to study. It can be helpful to develop a clear, realistic plan of what they want to cover in each study session.
- Remind your child to take a short rest and move around in between each part of their study.

Healthy sleeping and eating habits

- Encourage your child to stick to a routine of going to bed at a reasonable time.
- Motivate them to eat regularly and make time to have fun and exercise.
- Help them to cut back on coffee or any other stimulants which they may be using, as these can increase agitation. Encourage them to drink lots of water instead.
- Remind them to take time out when they eat, rather than carrying on with study.
- Encourage them to eat fresh fruit, veggies, cereals, grains, nuts and protein - they are all good for the brain and blood sugar levels.
- Encourage them to eat when they get hungry. This keeps blood sugar and hydration levels steady.
- Avoid junk food if possible. It will bring a sudden sugar high which will fall away quickly, leaving a person feeling tired.

Ideas for exam day

Talk about these ideas before exam day.

- Think positive.
- Eat a good and light breakfast - something that will sustain them and help them concentrate.
- Try to arrive at school or the exam venue early.
- Go to the toilet before the exam starts.
- Take time to slow their breathing and relax when they first sit down in the exam room.
- Watch out for the wording of the questions - they need to understand and address what the question is really asking.
- Time management in answering questions.
- Re-read answers if possible and make any changes that are necessary - correct spelling, check workings.

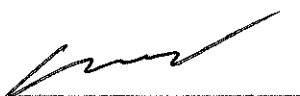


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Learning continues after PSLE. There are Post-PSLE programmes which aim to prepare Kong Hwaians for transition to secondary school and beyond, equip them with self-management and social skills and impart knowledge and inculcate values to provide a holistic education. There will also be preparation for celebration of a milestone to enable your child to leave Kong Hwa School with sweet memories. Refer to attachment for a glimpse of programmes lined up.

I wish your child all the best in the forthcoming PSLE. For any query, please email me at leong_jian_wei@moe.edu.sg.

Yours faithfully,



Mr Wayne Leong
P6 Year Head

A. 2017 PSLE EXAMINATION CALENDAR

Listening Comprehension (EL & CL)	Fri, 15 September 2017	Reporting time: 7.45am Approximate dismissal time: 12 noon Gather in the canteen. Wear school uniform.
Written Examination – EL Paper 1 and 2	Thu, 28 September 2017	Reporting time: before 7.30am Dismissal: After last paper of the day
Written Examination - MA	Fri, 29 September 2017	Note: Be in school uniform. Bring a sweater/jacket in case the hall is cold.
Written Examination – CL Paper 1 and 2	Mon, 2 October 2017	
Written Examination - SC	Tue, 3 October 2017	Pupils are advised to return home promptly after examination to rest and revise their work.
Written examination - HCL	Wed, 4 October 2017	

B. Important dates for term 4

Programme	Dates/Venue	Remarks
Sexuality Education	10 to 13 October Classrooms	Conducted by trained teachers
P6 VIA	9 and 16 October	Details will be furnished at a later date.
P6 Managing Change and Transition	11 October 8 am to 1 pm Lecture Theatre	<p>This half-day workshop which engages students through interactive games to teach key skills. Students will</p> <ul style="list-style-type: none"> • Be mentally prepared for their secondary school life • Gain more confidence when they enter secondary school • Use effective and applicable strategies to manage their transition • Find and build support with their new friends in the new environment easily • Understand and leverage on their learning styles and preferences to enable them to managetaking more subjects in secondary school
Audition for P6 You've Got Talents!	17 October	A panel of judges comprising of teachers and parents will select top 3 individuals/groups. Only top 3 will be selected to perform for P6 Graduation Lunch.
P6 Flagship Programme: Diabolo Workshop	30 October School Hall	
Secondary School Talks	31 October - 1 November	
Physical Education, Social Studies and Art test/quiz	October	Mandatory to comply Details will be furnished at a later date.
P6 Inter-class competition	2 November ISH	
P6 Graduation Lunch	3 November 12 noon – 2.30 p.m. Singapore Expo	Details will be furnished at a later date.
Fun with Math & Science Activities	6 – 10 November	
P6 Inter-class competition	7 November ISH	
P6 Sincerity BICEP Graduation ceremony	8 November	

Rehearsal for P6 Graduation Ceremony	13 to 15 November	
P6 Graduation Ceremony	16 November 9 - 11 am	Details will be furnished at a later date. Each P6 student can bring 2 guests.

*Dates are subjected to changes. Please check with your Form teachers if in doubt.